

Free Workshops @ EPC July

To view the available workshops, and to register, please visit www.epcjobs.ca/fbworkshops or call 705-748-9110

50+ JOB CLUB

10 am- 12 noon

A job search support group for mature workers in transition or seeking new career options. Get tools, tips, resources, techniques and networking opportunities to help maximize job search.

WIN AT WORK

2 pm-4 pm

Got a job and want to make sure you keep it? Something holding you back at work? Learn how to set goals, make change and keep moving forward at work. Make a plan with clear steps to help you stay on track.

INFORMATIONAL INTERVIEWS DURING COVID-19

3 pm-4pm

How to approach employers, inquiring about potential opportunities during COVID-19. Learn assorted techniques on how to contact employers regarding internal positions, what to say during a phone call or e-mail, and how to manage your online image.

PRACTICING SELF-CARE WHILE JOB SEARCHING

10 am -11 am

Feeling overwhelmed and anxious during these strange days and times of COVID-19? Looking for work but losing your motivation and positivity? Learn tips for taking care of yourself and maintaining an active and productive job search during COVID-19.

EFFECTIVE NETWORKING STRATEGIES FOR LINKEDIN

10 am-11:30 am

This workshop is designed to provide job seekers, career changers, students and entrepreneurs with specific insight into the role that LinkedIn plays in job searching and networking success.

HEALTHY BODY, HEALTHY MIND


10 am-11 am

Keeping your body and mind healthy is important for your job search. Different topics will be covered each month that focus on healthy eating, as well as tips and techniques to manage stress and calm the mind, so that you are better equipped to maintain your focus and reach your job search goals.

PREPARING FOR YOUR JOB INTERVIEW

9:30 am-11:00 am

An interactive workshop where we discuss different types of interviews, how to answer difficult questions and build confidence to help you have a successful interview!

Mon	Tue	Wed	Thu	Fri
			1 	2
5	6	7 50+ Club	8 Win at Work	9
12	13	14 Informational Interviews During COVID-19	15 Win at Work	16
19	20	21	22 Win at Work	23
26	27	28 Preparing for Your Job Interview	29 Win at Work	30

FIRST AID (Emergency) & CPR LEVEL "C" \$85.00

FIRST AID (Standard) & CPR LEVEL "C" \$125.00

This is a blended program—Online portion completed independently, followed by in-person classroom portion. Participants **MUST** fully complete the online portion before arriving at EPC for in-class portion. Training to learn the skills needed to handle first aid situations. An activity book, certificate and wallet-card are included for both levels.

GED PRE-TEST \$50.00

Used to determine the preparation required to successfully complete the Official GED Tests. GED study guides can be purchased for \$30. Contact for more info and to schedule test time.

SERVICE EXCELLENCE DYNAMICS ONLINE \$70.00

This training program focuses on creating positive first impressions and promoting loyal customers for repeat business in the hospitality, retail or service industry.

SMART SERVE ONLINE \$55.00


Training provides employees with information legally required for responsible beverage service in the Province of Ontario. Certification is required for anyone 18 years of age who is currently employed or seeking employment in a licensed establishment where alcohol is served.

WHMIS 2015 CERTIFICATION ONLINE \$16.95

This program was developed by Workplace Safety and Prevention Services to help workers avoid injury and illness associated with handling hazardous materials. A certificate and wallet card will be issued upon successful completion.

Certifications @ EPC July 2021

Online at epcjobs.ca, Call 705.748.9110 or
Visit us at 418 Sheridan Street today!

Mon	Tue	Wed	Thu	Fri
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5	6	7	8	9
12	13	14	15	16
19	20	21	22	23
26	26	28	29	30